

Healthy Family Team Newsletter for Primary Schools



* it's **OK** to *
ASK for **HELP**



NHS

Nottinghamshire Healthcare
NHS Foundation Trust

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We just wanted to say a big
hello and remind you about the
services on offer locally to
support families.

Parentline

Text 07520 619919

This is a text messaging service
delivered by the Healthy Family Team
for parents and carers.

Monday to Friday,
from 9am to 4.30pm



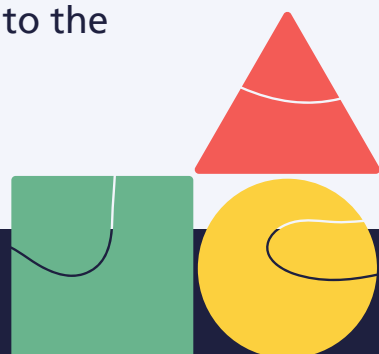
Advice Line

**Telephone
0300 123 5436**



This is for parents, carers and practitioners who want to speak to the
Healthy Family Team for advice or support.

Monday to Friday, from 9am to 4.30pm



SEND

HELP

The Healthy Family Team may be able to contribute to EHCP requests and Annual reviews when actively working with your child/young person or where they have been involved within the last 12 months. Please inform your EHCP case worker or school Senco if input is required.

SUPPORT

®NOTTSHELPHYOURSELF.ORG.UK

is the local offer for Nottinghamshire.

www.nottshelpyourself.org.uk

CALL; 0300 500 80 80



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Was this resource useful?

All feedback is appreciated.

Please contact The Health Promotion Team:

Call: 0115 8760136

Email: HealthPromotionTeam@nottshc.nhs.uk

FAB!

Health for Kids! Nottinghamshire Healthcare NHS Foundation Trust

Staying Healthy | Illness | Feelings | Getting Help

A fun and interactive resource for learning about health

Games | Activities | Quizzes

Psst! Parents!
As well as enjoying the content with your child, you can get advice on supporting their health and wellbeing.

www.healthforkids.co.uk

Follow us: [Nottinghamshirehealthcare](https://www.facebook.com/Nottinghamshirehealthcare) [@NotNottsHealthcare](https://twitter.com/NotNottsHealthcare)

Text the Healthy Family Teams for confidential advice and support: **07520 619919**

Or ring our advice line to speak to a member of the Healthy Family Teams: **0300 123 5436**

Nottinghamshire County Council | Parentline | ChatHealth

Speech and Language

Do you have any questions or concerns about your child's talking or communication?

We are happy to help, please call the advice line on:

0300 123 3387
OPTION 1



Wow!

Health For Kids Website

This website offers a fun, engaging and interactive way for children to learn about health. It links parents and children to appropriate health and wellbeing services.



www.healthforkids.co.uk