

Pathway #2: 2-year cycle over 3 terms

Life to the Full Plus

EYFS

Preschool

| Term | Module and Unit | Session Title | Session Length |
|----------------|------------------------|---|--------------------------------------|
| Autumn II | EYFS, Module 1, Unit 1 | Story Sessions: Handmade With Love | 5 x 5-10 minute sessions over 5 days |
| Spring I | EYFS, Module 2, Unit 1 | Session 1: Role Model | 2 x 15-minute sessions |
| Spring II | EYFS, Module 2, Unit 2 | Session 1: Who's Who? | 20 minutes |
| | | Session 2: You've Got A Friend in Me | 20 minutes |
| | | Session 3: Forever Friends | 20 minutes |
| Summer I | EYFS, Module 2, Unit 3 | Session 1: What is the Internet? | 20 minutes |
| | | Session 2: Playing Online | 20 minutes |
| | EYFS, Module 2, Unit 4 | Session 1: Safe Inside and Out | 20 minutes |
| | | Session 2: My Body, My Rules | 20 minutes |
| | | Session 3: Feeling Poorly | 20 minutes |
| | | Session 4: People Who Help Us | 20 minutes |
| Summer I or II | EYFS, Module 3, Unit 1 | Session 1: God is Love | 20 minutes |
| | | Session 2: Loving God, Loving Others | 20 minutes |
| | EYFS, Module 3, Unit 2 | Session 1: Me, You, Us | 20 minutes |

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Reception

| Term | Module and Unit | Session Title | Session Length |
|----------------|------------------------|--|--------------------------------------|
| Autumn II | EYFS, Module 1, Unit 1 | Story Sessions: Handmade With Love | 5 x 5-10 minute sessions over 5 days |
| Spring I | EYFS, Module 1, Unit 2 | Session 1: I Am Me | 20 minutes |
| | | Session 2: Heads, Shoulders, Knees and Toes | 20 minutes |
| | | Session 3: Ready Teddy? | 20 minutes |
| Spring II | EYFS, Module 1, Unit 3 | Session 1: I Like, You Like, We All Like! | 20 minutes |
| | | Session 2: All The Feelings! | 20 minutes |
| | | Session 3: Let's Get Real | 20 minutes |
| Summer I | EYFS, Module 1, Unit 4 | Session 1: Growing Up | 20 minutes |
| | | Session 2: New People, New Places + Classroom Shorts | 20 minutes |
| Summer I or II | EYFS, Module 3, Unit 1 | Session 1: God is Love | 20 minutes |
| | | Session 2: Loving God, Loving Others | 20 minutes |
| | EYFS, Module 3, Unit 2 | Session 1: Me, You, Us | 20 minutes |
| | | Session 2: When I Grow Up... + Classroom Shorts | 20 minutes |
| | | Session 3: 'Money Doesn't Grow On Trees' + Classroom Shorts | 20 minutes |

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KS1

Year 1

| Term | Module and Unit | Session Title | Session Length |
|----------------|-----------------------|---|------------------------------------|
| Autumn II | KS1, Module 1, Unit 1 | Story Sessions: Let the Children Come | 5 x 10-minute sessions over 5 days |
| | KS1, Module 2, Unit 1 | Session 1: God Loves You | 40 minutes |
| Spring I | KS1, Module 2, Unit 2 | Session 1: Special People | 30 minutes |
| | | Session 2: Treat Others Well... | 35 minutes |
| | | Session 3: ...and Say Sorry | 30 minutes |
| Spring II | KS1, Module 2, Unit 4 | Session 1: Good and Bad Secrets | 35 minutes |
| | | Session 2: Physical Contact | 40 minutes (or 2 x 25 minutes) |
| | | Session 3: Harmful Substances | 30 minutes |
| | | Session 4: Can You Help Me? (Part 1) | 35 minutes |
| | | Session 5: Can You Help Me? (Part 2) | 35 minutes |
| Summer I or II | KS1, Module 3, Unit 1 | Session 1: Three In One | 25 minutes |
| | | Session 2: Who is My Neighbour? | 30 minutes |
| | KS1, Module 3, Unit 2 | Session 1: The Communities We Live In | 35 minutes |
| | | Session 2: Who Will I Be? + Classroom Shorts | 30 minutes |

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Year 2

| Term | Module and Unit | Session Title | Session Length |
|----------------|-----------------------|---|--|
| Autumn II | KS1, Module 1, Unit 1 | Story Sessions: Let the Children Come | 5 x 10-minute sessions over 5 days |
| Spring I | KS1, Module 1, Unit 2 | Session 1: I Am Unique | 30 minutes |
| | | Session 2: Girls and Boys | 30-40 minutes |
| | | Session 3&4: Clean and Healthy (My Body) | 75 minutes (to be split over two sessions) |
| Spring II | KS1 Module 1, Unit 3 | Session 1: Feelings, Likes and Dislikes | 40 minutes |
| | | Session 2: Feeling Inside Out | 30 minutes |
| | | Session 3: Super Susie Gets Angry | 40 minutes |
| Summer I | KS1 Module 1 Unit 4 | Session 1: The Cycle of Life | 30 minutes |
| | | Session 2: Beginnings and Endings | 40 minutes |
| | | Session 3: Change Is All Around + Classroom Shorts | 40 minutes |
| | KS1, Module 2, Unit 3 | Session 1: Real Life Online | 40 minutes |
| | | Session 2: Rules To Help Us | 35 minutes |
| | | | |
| Summer I or II | KS1, Module 3, Unit 1 | Session 1: Three In One | 25 minutes |
| | | Session 2: Who is My Neighbour? | 30 minutes |
| | KS1, Module 3, Unit 2 | Session 1: The Communities We Live In | 35 minutes |
| | | Session 3: Needs and Wants + Classroom Shorts | 30 minutes |

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LKS2

Year 3

| Term | Module and Unit | Session Title | Session Length |
|----------------|-----------------------|--|------------------------------------|
| Autumn II | LKS2 Module 1, Unit 1 | Story Sessions: Get Up! | 5 x 15-minute sessions over 5 days |
| | | Session 2: The Sacraments | 40 minutes |
| | LKS2 Module 2, Unit 1 | Story Sessions: Jesus, My Friend | 4 x 15-minute sessions over 4 days |
| Spring I | LKS2 Module 2, Unit 2 | Session 1: Family, Friends and Others... | 45 minutes |
| | | Session 2: When Things Feel Bad | 45 minutes |
| | LKS2 Module 2, Unit 3 | Session 1: Sharing Online | 35 minutes |
| | | Session 2: Chatting Online + Classroom Shorts | 35 minutes |
| Spring II | LKS2 Module 2, Unit 4 | Session 1: Safe In My Body + Classroom Shorts | 45 minutes |
| | | Session 2: Drugs, Alcohol and Tobacco | 45 minutes |
| | | Session 3: First Aid Heroes | 45 minutes |
| | | Session 4: Rights and Responsibilities + Classroom Shorts | 40 minutes |
| Summer I or II | LKS2 Module 3, Unit 1 | Session 1: A Community of Love | 40 minutes |
| | | Session 2: What is the Church? | 35 minutes |
| | LKS2 Module 3, Unit 2 | Session 1: How Do I Love Others? | 45 minutes |
| | | Session 2: Working Together + Classroom Shorts | 40 minutes |

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Year 4

| Term | Module and Unit | Session Title | Session Length |
|----------------|-----------------------|--|------------------------------------|
| Autumn II | LKS2 Module 1, Unit 1 | Story Sessions: Get Up! | 5 x 15-minute sessions over 5 days |
| Spring I | LKS2 Module 1, Unit 2 | Session 1: We Don't Have to be the Same | 40 minutes |
| | | Session 2: Respecting our Bodies | 40 minutes |
| | | Session 3: What is Puberty? | 40 minutes |
| | | Session 4: Changing Bodies | 40 minutes |
| | | Session 5: Male/Female Discussion Groups (optional) | 45 minutes |
| Spring II | LKS2 Module 1, Unit 3 | Session 1: What Am I Feeling? | 40 minutes |
| | | Session 2: What Am I Looking At? | 35 minutes |
| | | Session 3: I Am Thankful | 40 minutes |
| Summer I | LKS2 Module 1, Unit 4 | Session 1: Life Cycles | 40 minutes |
| | | Session 2: A Time For Everything | 45 minutes |
| | | Session 3: Big Changes, Little Changes + Classroom Shorts | 40 minutes |
| Summer I or II | LKS2 Module 3, Unit 1 | Session 1: A Community of Love | 40 minutes |
| | | Session 2: What is the Church? | 35 minutes |
| | LKS2 Module 3, Unit 2 | Session 1: How Do I Love Others? | 45 minutes |
| | | Session 3: Money Matters + Classroom Shorts | 40 minutes |

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UKS2

Year 5

| Term | Module and Unit | Session Title | Session Length |
|----------------|-----------------------|--|------------------------------------|
| Autumn II | UKS2 Module 1, Unit 1 | Story Sessions: Calming the Storm | 5 x 15-minute sessions over 5 days |
| | UKS2 Module 2, Unit 1 | Session 1: God Is Calling You | 60 minutes |
| Spring I | UKS2 Module 2, Unit 2 | Session 1: Under Pressure | 60 minutes |
| | | Session 2: Do You Want A Piece of Cake? | 60 minutes |
| | | Session 3: Self-Talk | 60 minutes |
| | UKS2 Module 2, Unit 3 | Session 1: Sharing Isn't Always Caring | 60 minutes |
| | | Session 2: Cyberbullying + Classroom Shorts | 60 minutes |
| Spring II | UKS2 Module 2, Unit 4 | Session 1: Types of Abuse + Classroom Shorts | 60-90 minutes |
| | | Session 2: Impacted Lifestyles + Classroom Shorts | 60 minutes |
| | | Session 3: Making Good Choices | 60 minutes |
| | | Session 4: Giving Assistance | 60 minutes |
| Summer I or II | UKS2 Module 3, Unit 1 | Session 1: The Holy Trinity | 60 minutes |
| | | Session 2: Catholic Social Teaching | 60 minutes |
| | UKS2 Module 3, Unit 2 | Session 1: Reaching Out | 60 minutes |
| | | Session 2: The World of Work + Classroom Shorts | 60 minutes |

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Year 6

| Term | Module and Unit | Session Title | Session Length |
|----------------|-----------------------|---|------------------------------------|
| Autumn II | UKS2 Module 1, Unit 1 | Story Sessions: Calming the Storm | 5 x 15-minute sessions over 5 days |
| | UKS2 Module 1, Unit 2 | Session 1: Gifts and Talents | 60 minutes |
| | | Session 2: Girls' Bodies | 60 minutes |
| | | Session 3: Boys' Bodies | 60 minutes |
| | | Session 4: Spots and Sleep | 60 minutes |
| Spring I | UKS2 Module 1, Unit 3 | Session 1: Body Image | 60 minutes |
| | | Session 2: Peculiar Feelings | 60 minutes |
| | | Session 3: Emotional Changes | 60 minutes |
| | | Session 4: Seeing Stuff Online | 60 minutes |
| Spring II | UKS2 Module 1, Unit 4 | Session 1: Making Babies (Part 1) | 60 minutes |
| | | Session 2: Making Babies (Part 2) May be omitted or may be set as a homework task with parents. | 60 minutes |
| | | Session 3: Menstruation | 60 minutes |
| | | Session 4: Hope Beyond Death | 60 minutes |
| | | Session 5: Coping with Change + Classroom Shorts | 60 minutes |
| Summer I or II | UKS2 Module 2, Unit 2 | Session 4: Build Others Up + Classroom Shorts | 60 minutes |
| | UKS2 Module 3, Unit 1 | Session 1: The Holy Trinity | 60 minutes |
| | | Session 2: Catholic Social Teaching | 60 minutes |
| | UKS2 Module 3, Unit 2 | Session 1: Reaching Out | 60 minutes |
| | | Session 3: Money and Me + Classroom Shorts | 60 minutes |