# Holy Cross Primary Catholic Voluntary Academy - Science - Physics - Forces

Science is a way of discovering what's in the universe and how those things work today, how they worked in the past, and how they are likely to work in the future.

### Vocabulary:

**Attract** - to pull towards

**Contact** - when objects touch

**Distance** - the length between two objects

Force - a push or pull that acts upon an object that can cause it

to move, change shape or change direction

**Friction** - the force that acts upon one surface when it moves

against another

**Gravity** - a pull force that acts at a distance

**Pull** - to move something towards

**Push** - to move something away

**Repel** - to push away

**Resistance** - an opposing or slowing force

### Key Knowledge:

## Examples of Pushes and Pulls

Push

Pull





### Did you know?

Sir Isaac Newton was a scientist who developed the first description of the force of gravity. Newton said that he started thinking about gravity after watching an apple fall from a tree but it did not actually hit him on the head, as it is often claimed!

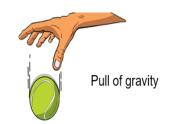


## What is a force?

A force is a push or pull that acts upon an object. We can't see forces, but they are an important part of our everyday lives. We push and pull objects to do many different things. When we push or pull objects we can move the object, change the shape of the object or make the object change direction.

### Gravity

Gravity is a force which **acts at a distance**. It is a **pull force** that pulls objects towards the centre of the Earth.



The planets and the Sun do not touch, yet the **planets stay in orbit** around the Sun due to the force of gravity.

land safely. Modern cars and

design to reduce air resistance,

allowing them to move faster.

planes are streamlined in



#### Friction

Friction is a force created between two surfaces when they rub together. Friction creates heat and always slows down an object. Rough surfaces create more friction than smooth surfaces.



#### **Air Resistance**

Air resistance is a force that acts in the opposite direction to gravity. It acts between a moving object and the air molecules around it, slowing the object down. Air resistance is a type of friction. Parachutes are used to increase air resistance and slow down the parachutist, so they can



#### **Water Resistance**

Water resistance is the force responsible for making it difficult for us to **move through the water**. It acts between a moving object and the **water molecules** around it, **slowing the object down**.