



Parents information sheet

Week 10

This week in our E.M.U.S lesson, we have been learning about:

How to keep our bodies safe

The children have been learning how to look after their bodies.

They have been learning that it is ok to say no if they don't want to be touched or hugged by somebody.

They have been learning that there are some parts of the body that are private and that no one has the right to look at or touch these parts of the body.

They have also learned that they have a network of trusted adults and that they can tell these adults anything and they will be believed. PLEASE CHAT WITH YOUR CHILD ABOUT WHO THEIR NETWORK OF TRUSTED ADULTS IS.

They have learned that there are some things that should never be kept secret. No one should ask them to have secret kisses or cuddles and that they should tell one of their trusted adults straight away.

Please help at home:

1. Ask your child to tell you about what they have learned today using the information above to prompt them if necessary.
2. As mentioned above, please chat to your child about who their network of trusted adults is.
3. As this is the final week, there is no homework task but I enclose an information sheet which does have an activity to recognise the areas of the body that should not be touched.
4. There is a very beautifully written story book called 'Some secrets should never be kept' by Jayneen Sanders which handles the issues covered today in a very sensitive manner.

Once again, many thanks for your support. I hope that you and your child have found the programme useful. We all hope that the children will never find themselves in a position to have to use the strategies they have been taught but I am sure that, if they do, they will now feel confident to know what to do to keep themselves safe.

Mrs Butkevicius