



Parents information sheet

Week 7

This week in our E.M.U.S lesson, we have been learning about:

Bullying

The children have been learning about what bullying is and about the different types of bullying.

They have learned about Emotional bullying – hurting or upsetting someone’s feelings

They have also been learning about physical bullying.

We spent some time remembering how we discussed Cyberbullying in our online safety session last week.

We talked about some of the reasons why people might be bullied. It could be because of their appearance, religion, race, because they are quiet, because they are talented or clever, because they are always on their own, because of illness or disability. Whatever the reason, we agreed that it is NEVER ok to bully someone and that differences and difficulties should be celebrated or supported.

We also talked about how to deal with our feelings if we get angry so that we don’t take them out on others and become bullies too.

We looked at what we could do if we or anyone we know is being bullied.

Online support, games and information about bullying

[Helping Children Deal with Bullying & Cyberbullying | NSPCC](#)

[4–11 year olds | Childnet](#)

[Bullying, abuse, safety and the law | Childline](#)

Please help at home:

1. Ask your child to tell you about what they have learned today using the information above to prompt them if necessary.
2. **Help your child complete the short homework task. Look at the three different scenarios and chat about what you think the correct thing to do is. Write down your response under each scenario.**
3. Maybe you could have a little go at role playing your child. You could make up different scenarios involving different types of bullying to demonstrate what your child should do in each.
4. Please make any comments on the back of the sheet with any feedback you would like me to have.

Thank you for your continued support at home. Stay Safe

Mrs Butkevicius