

## **School Prayers**

At school, the children are taught traditional Catholic prayers. These prayers can be used at home to support parents in developing their children's knowledge of prayer and to continue to develop their children's understanding of what the words mean to us as Christians today.

### **Sign Of the Cross**

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
Amen.

### **Morning Prayer**

O My God, you love me,  
you are with me night and day.  
I want to love you always  
in all I do and say.  
I'll try to please you, Father,  
bless me through the day.  
Amen.

## **Grace before Meals**

Bless us, O God, as we sit together.

Bless the food we eat today.

Bless the hands that made the food.

Bless us, O God.

Amen.

## **Grace after Meals**

Thank you, God, for the food we have eaten.

Thank you, God, for all our friends.

Thank you, God, for everything,

Thank you God.

Amen.

## **End of the Day Prayer**

God our Father, I come to say  
thank you for your love today.

Thank you for my family  
and all the friends you give to me.

Guard me in the dark of night  
and in the morning send your light.

Amen.

## **Hail Mary**

Hail Mary, full of grace,  
the Lord is with thee:

blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.

Amen.

## **Our Father**

Our Father, who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us.

And lead us not into temptation,  
but deliver us from evil.

Amen.