

Curriculum Overview



Holy Cross Primary CVA

Primary Curriculum Framework for Relationships Education, Relationships and Sex Education and Health Education

(Links have also been made in this overview to PSHE Matters, Science, Collective Worship and Forest Schools. This document is currently still be developed throughout 2021.)

(Last updated January 2021)

This Primary Curriculum Framework covers EYFS, KS1 and KS2 and is based on three core themes within which there will be broad overlap. It is adaptable to the age and ability of the pupils.

The three themes are:

Created and loved by God (this explores the individual)

The Christian imperative to love self, made in the image and likeness of God, shows an understanding of the importance of valuing and understanding oneself as the basis for personal relationships.

Created to love others (this explores an individual's relationships with others)

God is love. We are created out of love and for love. The command to love is the basis of all Christian morality.

Created to live in community – local, national & global (this explores the individual's relationships with the wider world)

Human beings are relational by nature and live in the wider community. Through our exchange with others, our mutual service and through dialogue, we attempt to proclaim and extend the Kingdom of God for the good of individuals and the good of society.

Each theme covers the core strands of '*Education in Virtue*' and '*Religious Understanding*' as well as strands which cover the PSHE content of the theme.

**From September 2020, the Health Education (HE) and Relationships Education (RE) aspects of PSHE education will be compulsory in all schools – these aspects are reflected within each section.*

It is worth noting that some of the elements of coverage referred to below will already be part of the day to day Catholic life of the school, and reinforced through pupil's involvement within Collective Worship.

EYFS

		Come and See	Life to the Full	Caritas in Action (Collective Worship)	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar	Forest Schools
Theme 1: Created and Loved	I know: That I am made by God	Myself (Domestic Church- Autumn term)		Dignity of the human person. <i>EYFS God made me and God loves me very much Y1-6 God loves us equally as his children.</i>		Picture my World resource		
	What I am good at			Dignity of work	Self-confidence and self- awareness (40- 60+mths)	Picture My World		
	Talk about the good things in my life	Myself (Domestic Church Autumn term) Celebrating (Local Church-Spring term)				Picture My World resource	World Environment Day 5 June	
	I know: That I am living and growing	Growing (Lent/Easter Spring term)			The world (30 – 50mths)	Harvest Resources		

EYFS

		Come and See	Life to the Full	Caritas in Action (Collective Worship)	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar	Forest Schools
	That a baby grows inside its mother's womb before birth						International Women's Day	
	I can: Identify living things				Understanding the world (30 – 50mths)		World Wildlife day 3 March	
	Be patient when I do not get what I want straight away				Managing feelings and behaviour (30-50mths)			
	I know : What I like and dislike				Self-confidence and self- awareness (40- 60+mths)	Picture my world		

EYFS

		Come and See	Life to the Full	Caritas in Action (Collective Worship)	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar	Forest Schools
	Name similarities and differences between myself and others			Dignity of the human person. <i>God loves us equally as his children.</i> Option for the poor and vulnerable	The world (40-60+mths)		World Day for Cultural Diversity 21 June	
	Keep clean by washing and drying my hands				Health and self – care (30-50mths)		World Health Day 7 April World water day 22 March	
	That a baby grows inside its mother's womb before birth						International Women's Day	

EYFS

		Come and See	Life to the Full	Caritas in Action (Collective Worship)	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar	Forest Schools
	I know: What I like and dislike				Self-confidence and self- awareness (40- 60+mths)	Picture my world		

		Come and See	Life to the Full	Caritas in Action (Collective Worship)	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar	Forest Schools
Theme	Say how I feel at different times							
	Show care for others	Family (Domestic Church Autumn term) Friends (Reconciliation-		Family and community <i>We look after and care for each other</i>	Making relationships (22–36mths)		Fair Trade Fortnight February	

EYFS

		Come and See	Life to the Full	Caritas in Action (Collective Worship)	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar	Forest Schools
		Summer term)		Solidarity and the common good <i>EYFS We help each other</i> Option for the poor and vulnerable			Refugee Week June	
I can: Say 'please' and 'thankyou'					Managing feelings and behaviour (40-60+mths)	Picture my World resource		
That God loves me and I can talk to God through prayer	All Topics							
Say 'sorry'	Friends (Reconciliation- Summer term)				Managing feelings and behaviour (40-60+mths)		International Day of Peace 21 September	
That Jesus cares for me and I am part of God's family	Myself (Domestic Church- Autumn term)			Family and community <i>I belong to my family and my community. My community needs me.</i>			Universal children's day 20 November	

EYFS

		Come and See	Life to the Full	Caritas in Action (Collective Worship)	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar	Forest Schools
	That Jesus tells us to love one another	Friends (Reconciliation-Summer term)		Solidarity and the common good <i>EYFS we play together in love and peace.</i>				
	I know: Who can help me in school			Solidarity and the common good <i>EYFS - We help each other</i>	Self-confidence and self-awareness (30-50mths)			
	That I belong to a family and can name my family members	Myself (Domestic Church Autumn term)		Family and community <i>EYFS - My family at home.</i>	Understanding the world People and communities(22-36mths)		International Day of Families 15 May	
	I can: Identify special people (family, carers, friends) in my life			Family and community. <i>EYFS -My family at home.</i> <i>EYFS - My family at school.</i>	Making relationships (30-50mths)			
	When people are being unkind to me or others and how to respond				Making relationships (30-50mths)			

EYFS

		Come and See	Life to the Full	Caritas in Action (Collective Worship)	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar	Forest Schools
Theme 3: Created to line in community – local, global & national	To explore who my neighbour is – locally / globally	Our World (Universal Church Summer term)		Dignity of the human person. EYFS and KS 1 We love and look after each other because we are all brothers and sisters Solidarity and the common good <i>KS1 we are brothers and sisters one family one world</i>		Picture my World resource		
	Show care for others	Family (Domestic Church Autumn term) Friends (Reconciliation- Summer term)		Solidarity and the common good <i>EYFS -we help each other</i> Option for the poor and vulnerable	Making relationships (22–36mths)		Fair Trade Fortnight February Refugee Week June	
	Right and wrong actions	Friends (Reconciliation- Summer term)			Managing feelings and behaviour (40-60+mths)			

EYFS

		Come and See	Life to the Full	Caritas in Action (Collective Worship)	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar	Forest Schools
	To make the sign of the cross							
	That Jesus tells us to love one another	Friends (Reconciliation- Summer term)		Family and community <i>EYFS – We love and look after each other because we are all brothers and sisters in God’s family.</i>				
	Show friendly behaviour towards others			Family and community <i>We look after and care for each other.</i> Solidarity and the common good Option for the poor and vulnerable	Making relationships (30- 50mths)		Fair Trade Fortnight February	
	Ask questions about the wider world	Our World (Universal Church Summer term)		Solidarity and the common good <i>KS1 we are brothers and sisters one world one family.</i> Celebrating with our big family.	Understanding the world –the world (40-60+mths)	God’s Wonderful World linked to (Come and See Universal Church)	World Environment Day 5 June	

		Come and See	Journey in Love	Life to the Full	Caritas in Action	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	That I have individual gifts, talents and abilities, given by God	Beginnings Y2 (Domestic Church- Autumn term)		Module 1 Unit 2 Session 1 I am Unique	Dignity of the human person We are all different and amazing. The dignity of work Finding my special job- my gift for the world.				

Key Stage One

		Come and See	Journey in Love	Life to the Full	Caritas in Action	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
Theme 1: Created and Loved by God	Give thanks for the good things in my life	Families Y1 Beginnings Y2 (Domestic Church Summer term)	We meet God's love in our family Y1 p.16	Module 2 Unit 2 Session 1 Special People			Picture My World resource A Day with Musa resource	World Environment Day 5 June	
	I know: That babies change and grow and that there are life stages from conception to death	Change Y1 (Lent/Easter Spring term)	We meet God's love in our family Y1 p.15	Module 1 Unit 4 Session 1 The Cycle of Life		Living things and their habitats Y2 Sc2/2.1b Animals including humans Y2 Sc2/2.3b			
	That a baby moves as it grows in its mother's womb	Waiting Y1 (Advent Autumn term)						International Women's Day 8 March	
	Accept that I do not always get what I want	Change Y1 Opportunities Y2 (Lent/ Easter Spring term)							
	I can: Identify the needs of people and other living things.				Option for the poor and vulnerable	Animals including humans Y2 Sc2/2.3c		Human Rights Day 10 December	

Key Stage One

		Come and See	Journey in Love	Life to the Full	Caritas in Action	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	Describe the similarities and differences between people (general)			Module 1 Unit 2 Session 2 Girls and Boys	Dignity of the human person We are all different and amazing		A Day with Musa resource	World Day for Cultural Diversity 21 June	Difference & Diversity (Y1)
	Say what I should do to keep my body healthy (exercise, food, teeth, sleep, keeping clean)			Module 1 Unit 2 Session 3 Clean and healthy		Animals including humans Y2 Sc2/2.3c	Health resource Water resource	World Health Day 7 April World Water Day 22 March	Being Healthy (Y1)
	I know: That we all have different likes and dislikes			Module 1 Unit 3 Session 1 Feelings, Likes and Dislikes			A Day with Musa resource One Day One World resource		Difference & Diversity (Y1)
	I can: Name happy and sad times in my life	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)	We meet God's love in our family Y1 p.15 We meet God's love in the community Y2 p.19	Module 1 Unit 3 Session 2 Feeling Inside Out	Happiness is?			International Day of Families 15 May	3. I can say how I feel (circle time)

Key Stage One

		Come and See	Journey in Love	Life to the Full	Caritas in Action	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	I know: That I am special because I am made and loved by God	Belonging Y1 Signs and Symbols Y2 (Baptism- Autumn term)	We meet God's love in our family Y1 p.18	Module 1 Unit 1 Story Sessions Handmade with Love Module 2 Unit 1 Session 1 God Loves You				Universal Children's Day 20 November	1. We are all special
	Talk about my mood and know that how I am feeling is a normal part of daily life			Module 1 Unit 3 Session 2 Feeling Inside Out					3. I can say how I feel (circle time)

Key Stage One

		Come and See	Journey in Love	Life to the Full	Caritas in Action	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
Theme 2: Created to love others	I can: Be courteous, for example, remembering to say, 'please' and 'thank you' without prompting			Module 2 Unit 2 Session 2 Treat Others Well					
	That prayer is listening to God as well as talking to Him	All Topics	We meet God's love in our family Y1 p.15-18 We meet God's love in the community Y2 p.19- 22	All Units from 'Life to the Full' introduce children to a variety of ways to pray					
	That Catholics belong to the Church family and that Jesus cares for all	Special People Y1 (Local church-Spring term) Neighbours Y1 (Universal Church-Summer term)	We meet God's love in the community Y2 p.19		Family and community. I belong to my family and my community. My community needs me.		Refugees resource Universal Church topics	World Refugee Day 20 June	
	That Jesus tells us to forgive one another	Being Sorry Y1 Rules Y2 (Reconciliation-Summer term)		Module 2 Unit 2 Session 3 ...And Say Sorry				International Day of Peace 21 September	

Key Stage One

		Come and See	Journey in Love	Life to the Full	Caritas in Action	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	Be forgiving, able to say sorry to mend relationships	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		Module 2 Unit 2 Session 3 ...And Say Sorry				International day of Peace 21 September	
	Be caring, aware of the needs of others	Holidays and Holydays Y1 Spread the Word Y2 (Pentecost Summer term)		Module 2 Unit 2 Session 2 Treat Others Well	Solidarity and the common good EYFS we help each other Rights and responsibilities KS1 Fair shares for all		Picture My World resource A Day with Musa resource	Refugee Week June International Day of Families 15 May	
	Look after myself and show respect to others			Module 2 Unit 2 Session 2 Treat Others Well	Family and community EYFS We are all different and we love and care for each other		Picture My World resource A Day with Musa resource	World Faith Week 22-29 October	Being Healthy
	Be honest, able to tell the truth about my actions	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		Module 2 Unit 2 Session 3 ...And Say Sorry					Being Responsible (Y2)
	That how I act can have consequences	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		Module 1 Unit 3 Session 3 Super Susie Gets Angry					Being Responsible (Y2)

Key Stage One

		Come and See	Journey in Love	Life to the Full	Caritas in Action	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	Manage my feelings and behaviour	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		Module 1 Unit 3 Session 2 Feelings Inside and Out Module 1 Unit 3 Session 3 Super Susie Gets Angry					Exploring Em (Y2)
	Describe how to keep safe in the sun			Module 2 Unit 3 Session 1 Being Safe			Health resource	World Health Day 7 April	Being Safe (Y
	I know: Who to go to if I am worried or need help			Module 2 Unit 3 Session 1 Being Safe					Being Safe (Y
	That healthy families love, care and protect one another and that there are different family structures and these should be respected	Families Y1 (Domestic Church Autumn term)	We meet God's love in the community Y2 p.19	Module 2 Unit 2 Session 1 Special People				Refugee Week June International Day of Families 15 May	

Key Stage One

		Come and See	Journey in Love	Life to the Full	Caritas in Action	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	I can: Recognise what makes people special.			Module 2 Unit 2 Session 1 Special People	The dignity of work.		KS1 Bangladesh resource	International Day for Children 12 April	
	That there are different types of teasing and bullying which are wrong and unacceptable and how to respond			Module 1 Unit 3 Session 2 Feelings Inside and Out Module 2 Unit 2 Session 2 Treat Others Well				Anti-Bullying Week November Internet Safety Week February	Relationships Bullying Matt (Y2)
	How my behaviour affects other people and that there are appropriate and inappropriate behaviours	Rules Y2 (Reconciliation Autumn term)	We meet God's love in the community Y2 p.19	Module 2 Unit 2 Session 2 Treat Others Well				Anti-Bullying Week November Internet Safety Week February	Relationships Bullying Matt (Y2)
	Recognise the characteristics of positive and negative relationships			Module 2 Unit 3 Session 2 Good and Bad Secrets					Relationships

Key Stage One

		Come and See	Journey in Love	Life to the Full	Caritas in Action	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	How to use simple rules for resisting pressure when I feel unsafe or uncomfortable			Module 2 Unit 3 Session 2 Good and Bad Secrets				Anti-Bullying Week November Internet Safety Week February	Relationships Bullying Matt (Y2)
	Get adult help if someone is hurt		27. I know how to help others when they are in trouble					Emergency Services Day	Being Safe (Y

Key Stage One

		Come and See	Journey in Love	Life to the Full	Caritas in Action	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters

		Come and See	Journey in Love	Life to the Full	Caritas in Action	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
Theme 3: Created to line in community – local, global & national	Recognise that I can belong to a variety of communities locally, nationally and globally	Special People Y1 Books Y2 (Local church Spring term) Neighbours Y1 (Universal Church-Summer term)		Module 3 Unit 1 Session 2 Who is My Neighbour? Module 3 Unit 2 Session 1 The Communities We Live In	Family and community KS1 we are all part of a community Solidarity and the common good KS1 we are brothers and sisters one family one world		KS1 Bangladesh resource Laudato Si Care for our Common Home	Fair Trade Fortnight February	
	Show awareness of differences between my life and others in the wider world	Neighbours Y1 (Universal Church-Summer term)	We meet God's love in the community Y2 p.19	Module 3 Unit 1 Session 1 Trinity House Module 3 Unit 1 Session 2 Who is my Neighbour	Solidarity and the common good KS1 we celebrate together Option for the poor and vulnerable Exploring the feeling of those who have plenty and those who have little.		Fair Trade Resource Laudato Si Care for our Common Home	Fair Trade Fortnight February	

Key Stage One

		Come and See	Journey in Love	Life to the Full	Caritas in Action	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	To make, and understand the sign of the cross								
	Be friendly and can make friends			Module 2 Unit 2 Session 2 Treat Others Well	Solidarity and the common good EYFS we are friends. We help each other.				Relationships (Y1)

Key Stage One

		Come and See	Journey in Love	Life to the Full	Caritas in Action	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	That how I act can have consequences	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		Module 1 Unit 3 Session 3 Super Susie Gets Angry	Stewardship				Relationships (Y1)
	That Jesus tells us to forgive one another	Being Sorry Y1 Rules Y2 (Reconciliation-Summer term)		Module 2 Unit 2 Session 3 ...And Say Sorry				International Day of Peace 21 September	
	Be caring, aware of the needs of others	Holidays and Holydays Y1 Spread the Word Y2 (Pentecost Summer term)		Module 2 Unit 2 Session 2 Treat Others Well	Rights and responsibilities KS1 Fair shares for all Option for the poor and vulnerable		Picture My World resource A Day with Musa resource	Refugee Week June International Day of Families 15 May	Bullying Matter (Y2) Exploring Emotion

Key Stage One

		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
Theme 1: Created and Loved by God	I know: That life is precious and given by God	Homes Y3 People Y4 (Domestic Church-Autumn term) Other Faiths weeks	God loves us in all our differences Y4 p. 28-32	Module 4a: Made In the Image of God Module 4d: God is Happy! Let's be like God Module 4j: The Mass, the Sacraments and God's Life	Module 1 Unit 1 Story Sessions Designed for a Purpose Module 1 Unit 2 Session 1 We Don't Have to be the Same	Stewardship		One Day One World	Universal Children's Day 20 November International Day for Tolerance 16 November	
	That God wants me to use my individual gifts, talents and abilities		God loves us in all our differences Y4 p.30	Module 4d: God is Happy! Let's be like God	Module 1 Unit 2 Session 1 We Don't Have to be the Same	The dignity of work				
	Be forgiving, able to say sorry and not hold grudges against those who have hurt me	Choices Y3 Building Bridges Y4 (Reconciliation-Summer term)		Module 4h: God saves me from me!	Module 2 Unit 2 Session 1 Family, Friends and Others			Peace and Conflict resource	International Day of Peace 21 September	
	Be grateful to others for the	Homes Y3 (Domestic Church-			Module 2 Unit 2 Session 1	Option for the poor and vulnerable		One Day One World resource	World Environment Day 5 June	

Lower Key Stage Two

good things in my life	Autumn term)			Family, Friends and Others					
I know: That my body is changing as I grow and some of the changes that occur throughout life.		God loves us in all our differences Y4 p.28-32	Module 4g: I don't quite work correctly – and that's okay!	Module 1 Unit 2 Session 3 What is Puberty? (optional – can be left to Upper KS2) Module 1 Unit 2 Session 4 Changing Bodies (optional – can be left to Upper KS2)				Universal Children's Day 20 November International Day for Older Persons 1 October	
How a baby grows and develops in its mother's womb	Visitors Y3 (Advent-Autumn term)	God loves us in all our differences Y4 p.28-32		Module 1 Unit 4 Session 1 Life Cycles (optional – can be left to Upper KS2)				International Women's Day 8 March	
Accept that I do not always get what I want and show an	Self-Discipline Y4		Module4f: Obedience in Jesus Module 4h: God saves						

Lower Key Stage Two

awareness of why this is	(Lent/Easter-Spring term)		me from me!						
I can: Describe the needs of people and other living things, including the need to reproduce		God loves us in all our differences Y4 p.28-32		Module 1 Unit 1 Story Sessions Designed for a purpose					
Describe the similarities and differences between girls and boys (specific) and correctly name the main external parts of the male and female body and their functions		God loves us in all our differences Y4 p.28-32		Module 1 Unit 2 Session 4 Changing Bodies			One Day One World resource	Universal Children's Day 20 November	
Describe a healthy life-style, including physical activity, dental health,				Module 1 Unit 2 Session 2 Respecting Our Bodies		Animals including humans Y3 Sc3/2.2		World Health Day 7 April World Toilet Day 19 November	Being Healthy Y3 P.38

Lower Key Stage Two

healthy eating, sleep and hygiene									
I can: Confidently say what I like and dislike		How we live in love Y3 p.26					One Day One World resource		Exploring Emotions Y3 P.38
I can: Describe the wider range of my feelings		God loves us in all our differences Y4 p.30-32	Module 4c: Happiness, Conscience and Emotions	Module 1 Unit 3 Session 1 What Am I Feeling?					Exploring Emotions Y3 P.38
Describe changes that happen in life e.g. loss, separation, divorce and bereavement	Community Y4 (Local Church-Spring term)		Module 4g: I don't quite work correctly – and that's okay!	Module 2 Unit 2 Session 3 When Things Change Module 1 Unit 3 Session 3 I am Thankful					Changes Y4 P.50
Describe some ways to maintain good mental health, (exercise, diet sleep, company)								Mental Health Awareness Day/Week	Being Healthy Y3 P.38

Lower Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Caritas in Action	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
Theme 2: Created to love others	I can Be courteous, showing good manners at home and in school			Module4f: Obedience in Jesus		19. I try to use words that make the world a better place				
	That I can spend time with God in prayer by myself and with others which helps me in life	All Topics	How we live in love Y3 p.23 God loves us in all our differences Y4 p.28-32	Module 4e: Adopted by God: Receiving his Love Module 4h: God saves me from me!						
	That belonging to the Church family means that I should love other people in the same way as Jesus does	Journeys Y3 Community Y4 (Local Church-Spring term) Called Y4 Baptism/Confirmation-Autumn term		Module 4b: Happiness Module4f: Obedience in Jesus Module 4i: Baptism, Holy Communion and Confirmation		15. I know I belong to a community that includes my school		Refugees resource Universal Church topics	Refugee Week June International Day of Families 15 May	
	That following Jesus' teaching on forgiveness can help me in my relationships my friends	Choices Y3 Building Bridges Y4 (Reconciliation-Summer term)	God loves us in all our differences Y4 p.30	Module4f: Obedience in Jesus		33. I try to accept forgiveness from others				

Lower Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Caritas in Action	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
	Describe how and why to keep safe in the sun					9. I can tell you how I look after myself 10. I think before I make choices that affect my health			World Health Day 7 April	
	Be respectful of myself and others, recognising differences		How we live in love Y3 p.23	Module 4a: Made In the Image of God		33. I know what human dignity means and I show that I respect others		One Day One World resource	World Faith Week 22-29 October	Difference and Diversity Y3 Being Responsible Y3
	Be honest, able to be truthful in my relationships with others	Choices Y3 Building Bridges Y4 (Reconciliation -Summer term)	How we live in love Y3 p.25			31. I know how to show I am sorry				Being Responsible Y3
	Be caring, aware of the needs of others and responding to those needs	Energy Y3 New Life Y4 (Pentecost-Summer term)		Module 4b: Happiness		27. I know how to help others when they are in trouble 34. I stand up for people who are being treated unfairly		All CAFOD resources	Refugee Week June Fair Trade Fortnight 26 February	Exploring Emotions Y3 Being Responsible Y3

Lower Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Caritas in Action	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
	I know: That some behaviour is unacceptable		How we live in love Y3 p.26 God loves us in all our differences Y4 p.30-32	Module4f: Obedience in Jesus Module 4h: God saves me from me!		5. I know what to do if I see anyone being hurt		Global Neighbors resource Laudato Si Care for our Common Home	Holocaust Memorial Day 27 January World Environment Day 5 June	Exploring Emotions Y3
	Cope with natural negative emotions and show resilience following setbacks		How we live in love Y3 p.26 God loves us in all our differences Y4 p.30-32	Module 4c: Happiness, Conscience and Emotions		23. I try to keep going when things get difficult and not give up hope				Exploring Emotions Y3
	I know: That I can go to a number of different people for help in different situations.		How we live in love Y3 p.23			25. I know when to ask for help and who to ask for help from				Being Safe Y4
	That there are different types of relationships including those between acquaintances, friends, relatives and family	People Y4 (Domestic Church- Autumn term)		Module 4e: Adopted by God: Receiving his Love	s	35. I notice that we are the same and we are different				Relationships Y4

Lower Key Stage Two

		Come and See / Sacramental Preparation Education programme	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
	What bullying is (including cyber- bullying) and how to respond				Module 2 Unit 2 Session 2 When Things Feel Bad				Anti- Bullying Week November	Bullying Matters Y3
	I can: Show care and concern for the special people in my life	Giving and Receiving Y4 (Eucharist- Spring term)	How we live in love Y3 p.23	Module 4j: The Mass, the Sacraments and God's Life	Module 2 Unit 2 Session 1 Family, Friends and Others					
	How to recognise safe and unsafe situations and ways of keeping safe, including simple rules for keeping safe online				Module 2 Unit 3 Session 1 Sharing Online Module 2 Unit 3 Session 2 Chatting Online				Internet Safety Week February	Being Safe Y4
	Make a clear and efficient call to emergency services if necessary								Emergency services day	
	That not all images, language and behaviour are appropriate			Module 4h: God saves me from me!	Module 2 Unit 2 Session 2 When Things Feel Bad Module 2 Unit 3 Session 2				Internet Safety Week February	

Lower Key Stage Two

					Chatting Online					
	The difference between good and bad secrets				Module 2 Unit 2 Session 2 When Things Feel Bad					Relationships Y3
					Module 2 Unit 3 Session 3 Physical Contact					
	Why social media, some computer games and online gambling, for example, are age restricted.				Module 2 Unit 3 Session 2 Chatting Online					Being Safe Y4
	That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health				Module 2 Unit 3 Session 2 Chatting Online					Being Safe Y4

Lower Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	

		Come and See / Sacramental Preparation Education programme	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
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Lower Key Stage Two

	Be friendly, able to make and keep friends	Choices Y3 Building bridges Y4 (Reconciliation-Summer term)	How we live in love Y3 p.24	Module 4d: God is Happy! Let's be like God	Module 2 Unit 2 Session 1 Family, Friends and Others Option for the poor and vulnerable Learning to share our toys and food so that everyone has enough.					
	Show concern for the communities to which I belong, aware that my behaviour has an impact upon them	Choices Y3 Building bridges Y4 (Reconciliation-Summer term) Other Faiths weeks	How we live in love Y3 p.23	Module 4h: God saves me from me!	Module 3 Unit 1 Session 1 Trinity House Module 3 Unit 1 Session 2 Where is Church?	18. I cooperate with others in work and play (circle time) Stewardship		Climate and Environment Resource Fair Trade Resource Laudato Si Care for our Common Home	Fairtrade Fortnight February World Health Day 7 April World Environment Day 5 June	
	Identify injustices in the wider world	Special Places Y3 God's People Y4 (Universal Church-Summer term)			Module 3 Unit 1 Session 1 Trinity House Module 3 Unit 1 Session 2 Where is Church?	Rights and responsibilities KS1 Fair shares for all Option for the poor and vulnerable Working together to		Climate and Environment Resource Fair Trade Resource Laudato Si	Fairtrade Fortnight February World Health Day 7 April	Being Responsible Y3

Lower Key Stage Two

					make our family happy. Exploring fairness and injustice.			World Environment Day 5 June	
That God is Trinity	Special Places Y3 God's People Y4								
That some behaviour is unacceptable									Being Responsible Y3 Difference and Diversity Y3 Bullying Matters Y3
That following Jesus' teaching on forgiveness can help me in my relationships with my friends	Choices Y3 Building bridges Y4 (Reconciliation-Summer term)								
Be caring, aware of the needs of others and responding to those needs	Energy Y3 New Life Y4 (Pentecost-Summer term)		Module 4b: Happiness	Module 2 Unit 2 Session 1 Family, Friends and Others	Option for the poor and vulnerable		All CAFOD resources	Refugee Week June Fair Trade Fortnight 26 February	

Lower Key Stage Two

Upper Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
Theme 1: Created and Loved by God	I know: That we are all children of God and made in God's image and likeness	Ourselves Y5 (Domestic Church-Autumn term)	God loves me in my changing and development Y5 p.33-36	Module 5c: God is Relationship: We long to be like Him Module 6c: Life is Fractal! Module 6i: Faith and Evolution Module 6j: Science and Christianity	Module 1 Unit 1 Story sessions Kester's Adventures Module 1 Unit 2 Session 1 Gifts and Talents			One Day One world resource	World Day for Cultural Diversity 21 June International Day for Tolerance 16 November	
	That each person has a purpose in the world and that God has created me for a particular purpose (vocation)	Life Choices Y5 Vocation and Commitment Y6 (Baptism/Belonging-Autumn term)		Module 5c: God is Relationship: We long to be like Him Module 6a: God-given Nature, Freedom and Consent Module 6d: Intellect, Order and Beauty Module 6i: Faith and Evolution	Module 2 Unit 1 Session 1 Is God Calling You?	Dignity in work		Oscar Romero resource		

Upper Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
				Module 6j: Science and Christianity						
	I know: The changes that occur at each stage of a human being's life (including childhood, adolescence, adulthood, old age) and specifically the changes which occur during puberty		God loves me in my changing and development Y5 p.33-34 *SDB Y5 /6	Module 5i: Discernment and Trust part one	Module 1 Unit 2 Session 1 Girl's Bodies Module 1 Unit 2 Session 2 Boy's Bodies		Animals including humans Sc5/2.2a		International Youth Day 12 August International Day for Older Persons 1 October	Growing Up Y6
	About the week by week development of the baby in its mother's womb		The wonder of God's love in creating new life Y6 p.40-41 *SDB Y5 /6		Lower KS2 Life Cycles could be used here Module 1 Unit 4 Session 1				International Women's Day 8 March	

Upper Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
	How human life is conceived in the womb, including the language of sperm and ova and about the nature and role of menstruation in the fertility cycle		<p>Y5 p.34 God loves me in my changing and development</p> <p>The wonder of God's love in creating new life Y6 p.40-41 *SDB Y5 /6</p>		<p>Module 1 Unit 3 Sessions 1-3 Making Babies (Part 1 and 2) (parents may withdraw)</p> <p>Session 3 Menstruation</p>					
	About the differences between boys and girls with regard to puberty and reproduction		<p>Y5 p.33-36 God loves me in my changing and development *SDB Y5 /6</p> <p>The wonder of God's love in creating new life Y6 p.37-39</p>		<p>Module 1 Unit 2 Session 1 Girl's Bodies Module 1 Unit 2 Session 2 Boy's Bodies</p>					

Upper Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
	About the impact that poor lifestyle choices can have on my health including lack of physical activity, poor dental health, sleep, hygiene, drugs and alcohol. The facts and science relating to immunisation and vaccination		*SDB Y5 /6		Module 1 Unit 2 Session 4 Spots and Sleep		Animals including humans SC6/2.2b		World Health Day 7 April World Toilet Day 19 November	Being Healthy Y5 Drug Education Y6
	I can: Be confident in my relationships with my peers in various situations, including online			Module 5a: Life is Relational – especially for Persons! Module 5j: Discernment and Trust part two	Module 2 Unit 3 Session 1 Sharing Online Module 2 Unit 3 Session 2 Chatting Online				Internet Safety Week February	Relationships Y5 Being Safe Y6
	I can: Describe how my emotions may change and intensify as I grow and move through puberty		God loves me in my changing and development Y5 p.35 *SDB Y5 /6	Module 5i: Discernment and Trust part one	Module 1 Unit 3 Session 3 Emotional Changes					Exploring Emotions Y5 Growing Up Y6

Upper Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
			The wonder of God's love in creating new life Y6 p.42-43							
It is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough.				Module 6b: Person and Nature Module 6g: Formed in their image	Module 1 Unit 3 Session 3 Emotional Changes					Being Healthy Y5 Exploring Emotions Y5
I know: How to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body.			Y5 p.33-36 God loves me in my changing and development *SDB Y5 /6		Module 1 Unit 2 Session 1 Girl's Bodies Module 1 Unit 2 Session 2 Boy's Bodies					Being Healthy Y5
Describe some of the varied emotions that accompany the changes that happen in life, e.g.	Death and New Life Y6 (Lent/Easter-Spring term)		*SDB Y5 /6	Module 6b: Person and Nature	Module 1 Unit 3 Session 3 Emotional Changes					Changes Y6

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Upper Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
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Upper Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
Theme 2: Created to love others	I can: Be courteous in my dealings with friends and strangers				Module 1 Unit 1 Story sessions Kester's Adventures	Dignity of the human person We love and look after each other because we are all brothers and sisters.				
	I know: That some behaviour is unacceptable, unhealthy or risky				Module 1 Unit 3 Session 2 Peculiar Feelings				Internet Safety Week February	Drugs Y6
	About the impact of unsafe exposure to the sun and how to reduce the risk of sun damage								World Health Day 7 April	

Upper Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
	Be respectful of my own and others uniqueness, demonstrating respect for difference (Protected Characteristics)	<p>Ourselves Y5 (Domestic Church-Autumn term)</p> <p>Other Faiths weeks</p>	God loves me in my changing and development Y5 p.33-36	<p>Module 5g: Tolerance and Solidarity</p> <p>Module 6f: Tolerance of what others think and do</p>		Dignity of the human person We are all different and amazing		One Day One World resource	<p>One World Week October</p> <p>World Faith Week November</p>	Difference and Diversity Y5 Being Responsible Y5
	The importance of forgiveness and reconciliation in relationships and the challenges involved in following Jesus' teaching on forgiveness	<p>Freedom and Responsibility Y5</p> <p>Healing Y6 (Reconciliation-Summer term)</p>		<p>Module 5a: Life is Relational – especially for Persons!</p> <p>Module 6b: Person and Nature</p>				Advent and Lent resources	International Day of Peace 21 September	

Upper Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
	Show resilience and manage risk in order to resist unacceptable pressure and show determination and courage when faced with new challenges		God loves me in my changing and development Y5 p.35	Module 5b: Self-Knowledge, Self-Possession, Self-Gift Module 5i: Discernment and Trust part one Module 5j: Discernment and Trust part two	Module 2 Unit 2 Session 1 Under Pressure Module 2 Unit 2 Session 2 Do You Want a Piece of Cake? Module 1 Unit 3 Session 1 Body Image				Internet Safety Week February	Changes Y6

Upper Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
	That the Church is the Body of Christ in the world and what Church teaching says about showing love for others (Catholic Social Teaching)	Common Good Y6 (Universal Church-Summer term) Mission Y5 (Local Church-Spring term) Unity Y6 (Eucharist-Spring term)		Module 5h: God and Dominoes! Module 6e: Being and Doing Module 6h: Faith and Science: The Beginning Module 6i: Faith and Evolution				Universal Church Topic Year 6	Fair Trade Fortnight February Refugee week June	
	Be honest, striving to live truthfully and with integrity, using good judgement			Module 5h: God and Dominoes! Module 5j: Discernment and Trust part two	Module 1 Unit 1 Story sessions Kester's Adventures					Being Responsible Y5

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Upper Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
	About some basic first-aid, dealing with common injuries								Emergency services Day	
	How to make informed choices in relationships		God loves me in my changing and development Y5 p.35 The wonder of God's love in creating new life Y6 p.42	Module 5i: Discernment and Trust part one Module 5j: Discernment and Trust part two Module 6g: Formed in their image	Module 2 Unit 3 Session 1 Sharing Online Module 2 Unit 3 Session 2 Chatting Online Module 2 Unit 3 Session 3 Physical Contact					Relationships Y5

Upper Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
	That my increasing independence brings increased responsibility to keep myself and others safe			Module 5j: Discernment and Trust part two	Module 2 Unit 3 Session 1 Sharing Online Module 2 Unit 3 Session 2 Chatting Online				Internet Safety Week February	Being Safe Y6 Being Responsible Y5
	That prayer and worship nourish my relationship with God and support my relationships with others	All topics	God loves me in my changing and development Y5 p.36 The wonder of God's love in creating new life Y6 p.44	Module 5e: Freedom in Christ Module 6e: Being and Doing	All Units from 'Life to the Full' introduce children to a variety of ways to pray			CAFOD Assembly resources		

Upper Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
	About the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing.				Module 2 Unit 3 Session 2 Chatting Online					Being Safe Y6 Being Healthy Y5
	Why social media, some computer games and online gambling, for example, are age restricted.				Module 2 Unit 3 Session 2 Chatting Online					Being Safe Y6 Money Matters Y6

Upper Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
	That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health				Module 2 Unit 3 Session 2 Chatting Online					Being Safe Y6 Bullying Matters Y5
	How to be a discerning consumer of information online, including understanding that information, including that from search engines is ranked, selected and targeted.				Module 2 Unit 3 Session 2 Chatting Online					Being Safe Y6

Upper Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
	How to report and get help if I encounter inappropriate materials or messages			Module 5j: Discernment and Trust part two	Module 1 Unit 3 Session 4 Seeing Stuff Online				Internet Safety Week February	Being Safe Y6

		Come and See	Journey in Love	A fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
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Upper Key Stage Two

Theme 3: Created to live in community	That there are some cultural practices which are against British law and universal rights (e.g. honour-based violence and forced marriage, human trafficking etc.)				Module 3 Created to live in community					Relationships Y5 Difference and Diversity Y5
	About the importance of living in right relationship with the range of national, regional, religious and ethnic identities in the United Kingdom and beyond, respecting difference	Other Faiths weeks		Module 5a: Life is Relational – especially for Persons! Module 5f: Tolerance Module 6f: Tolerance of what others think and do	Module 3 Unit 1 Session 1 Trinity House Module 3 Unit 1 Session 2 Catholic Social Teaching	Dignity of the human person We are all different and amazing.		Global Neighbours resource	World Day for Cultural Diversity 21 May	Relationships Y5 Difference and Diversity Y5

Upper Key Stage Two

		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Caritas in Action	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
	Demonstrate my gratitude to others for the good things in my life through words and actions	Ourselves Y5 Loving Y6 (Domestic Church-Autumn term)		Module 6b: Person and Nature Module 6g: Formed in their image	Module 1 Unit 1 Story sessions Kester's Adventures			One Day One World resource	World Environment Day 5 June	
	Be self-disciplined and able to delay or even deny myself	Sacrifice Y5 Death and New Life Y6 (Lent/Easter-Spring term)		Module 5b: Self-Knowledge, Self-Possession, Self-Gift				Advent and Lent Resources		Being Healthy Y5
	I can: Show care and concern for the special people in my life and put their needs before my own	Sacrifice Y5 Death and New Life Y6(Lent/Easter-Spring term)		Module 6g: Formed in their image	Module 3 Unit 1 Session 1 Trinity House					Relationships Y5
	Be loyal, able to develop and sustain friendships			Module 6a: God-given Nature, Freedom and Consent						Relationships Y5

Upper Key Stage Two

	Be just and fair, acting with integrity, understanding the impact of my actions locally, nationally and globally	Stewardship Y5 Common good Y6 (Universal Church-Summer term)		Module 5f: Tolerance Module 5g : Tolerance and Solidarity Module 6g: Formed in their image Module 6f: Tolerance of what others think and do	Module 3 Unit 1 Session 2 Catholic Social Teaching	Dignity of the human person. We love and look after each other because we are brothers and sisters.		Climate and Environment Resource Laudato Si Care for our Common Home	Fairtrade Fortnight February World Health Day 7 April World Environment Day 5th June	Being Responsible Y5
	Speak out about injustice in the wider world and what I can do to help.	Stewardship Y5 Common good Y6 (Universal Church-Summer term)		Module 5d: Freedom Module 5g : Tolerance and Solidarity Module 6f: Tolerance of what others think and do	Module 3 Unit 2 Session 1 Reaching Out			Fair Trade Resource Laudato Si Care for our Common Home	Fairtrade Fortnight February World Health Day 7 April World Environment Day 5 June	Being Responsible Y5
	Be forgiving, developing the skills to allow reconciliation in relationships	Freedom and Responsibility Y5 (Reconciliation-Summer term)		Module 5a: Life is Relational – especially for Persons! Module 6e: Being and Doing	Module 1 Unit 1 Story sessions Kester's Adventures				International day of Peace 21 September	Relationships Y5

Upper Key Stage Two

	That bacteria and viruses can affect health and that following simple routines and medical interventions can reduce their spread				Module 2					Being Healthy Y5
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Resources referenced in this document:

Come and See – Sr Victoria Hummel – Matthew James Publishing Co Ltd <http://www.comeandseere.co.uk/>

Early Learning Goals from Statutory Framework for Early Years/Foundation Stage

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/596629/EYFS_STATUTORY_FRAMEWORK_2017.pdf

Science Curriculum 2014 <https://www.gov.uk/government/publications/national-curriculum-in-england-science-programmes-of-study>

A Journey in Love – Sr Jude Groden RSM McCrimmon Publishing Co Ltd <http://www.mccrimmons.com/shop/relationships/>

Life to the Full – Ten: Ten Resources (including EYFS resources September 2010) www.tentenresources.co.uk/relationship-education

CAFOD – Catholic Agency for Overseas Development <http://cafod.org.uk/Education/Primary-schools>

Statements to Live By – Nurturing Human Wholeness Through the Distinctive Catholic Tradition – Frank McDermott and Theresa Laverick

<http://www.anamcara.org.uk/Nurturing%20Human%20Whole.html>

[Global Calendar](#)

<https://globaldimension.org.uk/calendar/>

***SDB – Additional resources produced for Year 5 and Year 6 by Sister Dorothy Black**

Suggested additional Resources

All That I Am - Relationships and Sex education for Upper KS2 published by the Archdiocese of Birmingham

<http://all-that-i-am.co.uk/>

Social and Emotional Aspects of Learning (SEAL) published by Department for Education - National Strategies

<http://webarchive.nationalarchives.gov.uk/20110809101133/nsonline.org.uk/node/87009>

PSHE guidance from PSHE Association <https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe>

<https://www.pshe-association.org.uk/>

It is recommended that schools include in their annual curriculum planning some focused lessons about internet safety and all forms of bullying e.g. Internet safety week and anti – bullying week (see global calendar).